

# WEEK 8

## Prayer Journal

Practice praying to God each day using the prompts below.  
Use the back if you need more space to write, or turn a notebook into your prayer journal

B

**Body:** Pray for physical health & strength for yourself and others

L

**Love:** Pray to love God & love your neighbour as yourself

E

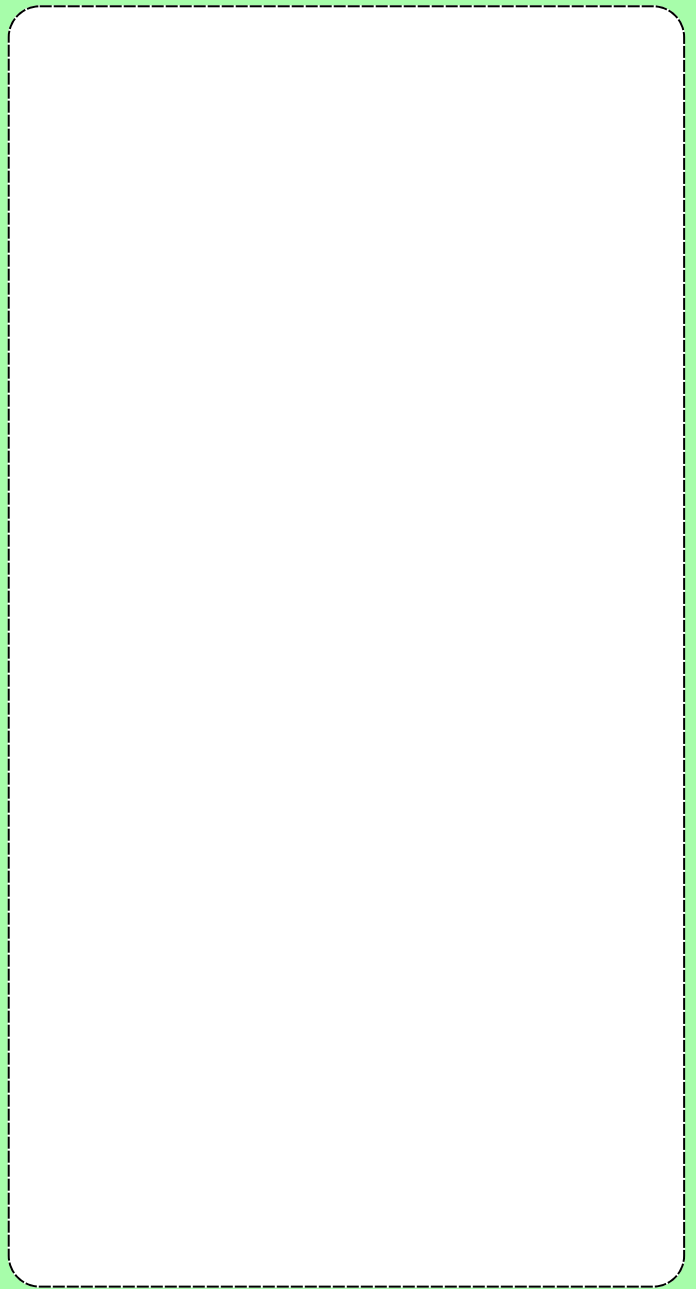
**Emotions:** Pray for love, joy, peace, patience, kindness, goodness, faith, gentleness & self-control

S

**Social:** Pray for healthy relationships & clear boundaries with friends and family.

S

**Spiritual:** Pray for spiritual growth and development for yourself and others.



You can find all of our weekly prayer prompts on the Gateway website in the 'kids' tab!